



Get to know more about me.....!

Sprattus sprattus, (Linnaeus, 1758)

 European sprat



Size

I am a small fish reaching a maximum length of 16 cm. I usually measure between 8 and 12 cm.



Habitat

I am a pelagic marine species. Gregarious, I am a social fish who likes to form large schools in coastal areas.

During my early lifestages, I can be found in estuaries while I enjoy open water as an adult. I am found in coastal waters down to 300m deep.



Diet

Like the other small pelagics fish, I am a planktonophageous. I feed on small planktonic crustaceans (*especially Calanus, Pseudocalanus and Temora*) or fish egg and larvae that floats with the currents.

I am mostly nocturnal, coming to the surface overnight to eat.

Source: Fishbase, Marine species, wikipedia



Origins

I live in the north-eastern Atlantic Ocean. I can be found in the Baltic Sea, the North Sea, around the coasts of the British Isles, and along the Iberian Peninsula.

The Mediterranean Sea is warm for me, that is why I am only found in its north-western part and in the Adriatic.



Culinary Curiosities!

They cook me smoked, salted, fried, roasted, marinated and many other ways. I am commonly canned! In many Northern European countries, especially Ireland, the Baltic States and Scandinavia.