



Get to know more about me.....!!

Sparus aurata (Linnaeus, 1758)

 Gilthead seabream



Size

Adult, my common length is between 20 and 50 cm. My maximum known length is 70 cm.



Habitat

I am a sedentary fish, rather solitary but I sometimes form small aggregations.

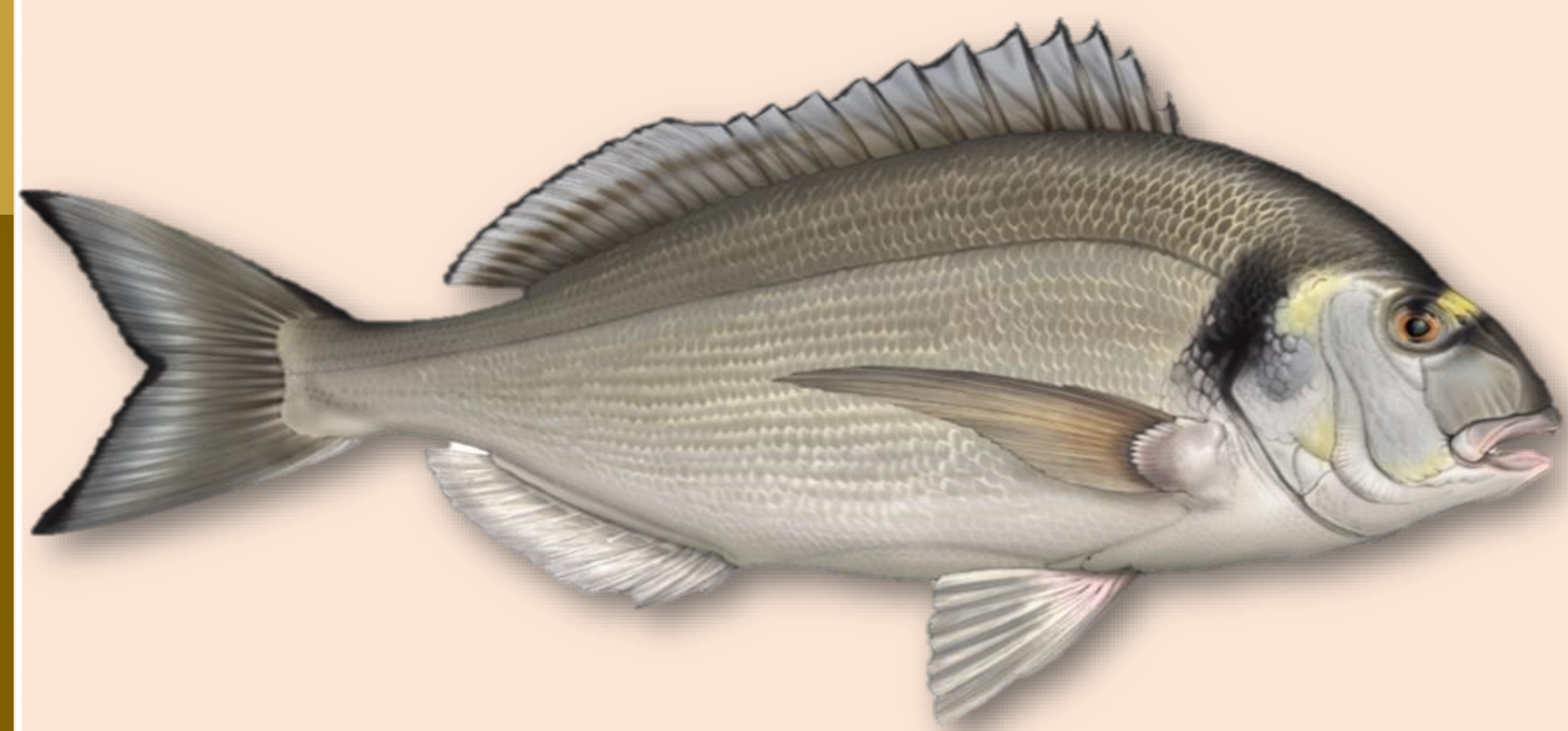
I am a benthopelagic species. I am in the coastal zone, the Posidonia meadows, the rocky and sandy bottoms. I commonly swim at depths of around 30 m, but adults can live up to 150 m depth.

Due to my euryhaline (I support variations in salinity) and eurythermal (I support temperature variations) capacities, I can move around brackish areas (river estuaries, lagoons).



Diet

I am a carnivore. My teeth allow me to eat shells and carapaces. I eat bivalve molluscs (mussels, oysters), crustaceans, sea urchins and fish that I dig up with my tail. Sometimes I also taste seaweed and sea green plants.



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My favorite regions

I can be in the Eastern Atlantic: near the British Isles, off the Strait of Gibraltar, in Cape Verde and around the Canary Islands. I am also visible in the Mediterranean, and in the Black Sea.



Curious facts!

I am a "protandrous fish": first male, I wait for my sexual maturity between 1 and 2 years (size of 20 to 30 cm), then I become female around 3 years old (that means, at a size of about 30 to 40 cm), for a life expectancy of 11 years.

I am a very popular fish for humans. According to the text of the European Union, dated 12/21/2006, the capture of any individual less than 20 cm is prohibited regardless of the technique used (DORIS).

Source: FishBase, DORIS, FAO